

INT-6710

# ULTRA LIGHT LEGS

## Lotion

cooling and soothing lotion  
for tired legs



200 ml  
dispender



### PRODUCT BENEFIT

Cooling care gel for the treatment of tired, heavy legs. Essential rosemary oil strengthens the vessels and tightens them. Natural menthol from the mint plant provides long-lasting, intensive cooling. Essential oils of Sicilian orange and bergamot have cell-regenerating properties, while lavender oil and oil of wintergreen (*Gaultheria procumbens*) from northern Canada soothe muscle pain. Vegetable glycerine moisturises the skin.

### TARGET GROUP

Ultra Light Legs Lotion is suited for all skin types.

### ACTIVE INGREDIENTS:

- **Essential Rosemary Oil:** Rosemary is a shrub (*Delle Labiate* family) up to 1.5 metres high with many branches. The essence presents itself as a mobile liquid, colourless or light yellow. The smell is distinctive, strong and penetrating. In cosmetics, it is attributed with skin cleansing, deodorant, toning / stimulating activities attributed, used to treat oily skin and hair with massages or in dental hygiene.
- **Menthol (natural origin):** Natural menthol (not synthetic) is a component extracted and purified from the mint plant. The main characteristic is its high volatility (ability to evaporate). This has two consequences: The most immediate is its characteristic smell, as it quickly reaches the receptors of our nose; the second most useful is the fact that when it evaporates, it takes the the superficial warmth of our skin, thus causing a sensation of coldness immediately. This sensation is due to the technological properties of the vehicle in which menthol is contained, it can be felt for a long time. The superficial cooling is not only useful for the resulting sensation of lightness of the limbs, but first performs a specific toning action of the vascular bed to determine an improvement in blood circulation (thermal shock).
- **Essential oil of Sicilian Orange:** Essential oil from the peel and fruit of the sweet range. It has toning and draining properties of the tissues. It also helps to reactivate the circulation and fight cellulite. It stimulates cell regeneration and helps keep the skin compact and firm. Finally, it is a good dermo-cleanser, so it is recommended for oily and acne-prone skin.
- **Essential oil of Bergamot:** Essential oil from the peel of fruits. In fact, it has a beneficial effect on microcirculation and is indicated for circulatory problems, to increase the resistance of the capillaries, find relief in heavy legs and combat cellulite.
- **Essential Lavender oil:** Lavender oil from *Lavandula angustifolia*, a typical plant of the Mediterranean region. It contains numerous compounds, the most important of which are linalyl acetate, linalool and cineol. Because of its characteristic aroma, it is used in large quantities by the cosmetics and perfumery industry. In cosmetics it has a soothing and healing effect on the skin and against dandruff on the hair. It also tightens the skin, brightens the face and removes impurities, reducing pimples and acne. Finally, it is also able to alleviate cellulite, orange peel skin and stretch marks, regenerate the epidermis, provide an anti-ageing effect for the face, reduce dark spots on the skin, rebalance sebum and prove to be an aid against hair. Greasy and for seborrhoeic dermatitis.

- **Wintergreen oil (*Gaultheria procumbens*):** Owes its name to Jean-François Gaultier (1708 - 1756), physician-botanist to the King in Quebec. Note that the Eskimos and Indians of Canada have chewed or brewed wintergreen leaves since the dawn of time to relieve fevers and soothe aches and pains. This fairy of the Great North, called „tea of the forest“ in Quebec, played an important role in pharmacology: In the 19th century, North America supplied Europe with the essence of wintergreen, extracted from the whole plant by a stream of steam. In 1844, William Proctor, father of the American apothecary and the French Auguste Cahours, isolated the main constituent of this essential oil, methyl salicylate; then Cahours synthesised salicylic acid by hydrolysis, before used as a remedy for rheumatism before the synthesis of acetylsalicylic acid. The essential oil of wintergreen is extracted from the leaves, which are immersed in hot water for a whole night to obtain methyl salicylate by enzymatic fermentation, and then distilled with steam. It consists of almost 99 % methyl salicylate, which has a pronounced repellent and soothing effect on redness and and pain. Therefore, the essential oil of wintergreen is excellent for combating muscular aches and pains associated with intense physical exertion and rheumatism.
- **Vegetable Glycerin:** Polyalcoholic molecule with properties reminiscent of sugar and naturally able to retain water, is also used for its characteristic moisturising action. With its strong moisturising action, it is ideal for keeping skin and hair healthy, protected, soft and hydrated.

## EFFECTS AND CHARACTERISTICS

- Long lasting intensive cooling effect
- Strengthens the blood vessels and tightens them
- Cell regeneration properties
- Soothes muscle pain

## APPLICATION

Apply generously on tired legs by activating the pump and massage into the skin.